

PROGRAMME SPECIFIC OUTCOMES, PROGRAMME OUTCOMES AND COURSE OUTCOMES

**DEPARTMENT OF PHYSICAL EDUCATION
SKILL-BASED COURSES - NON-MAJOR ELECTIVE COURSES
CO STATEMENTS / 2023 ONWARDS**

PROGRAMME SPECIFIC OUTCOMES / SPORTS

PSO1	Reinforce the aims, motto, vision and mission of the Physical Education through the academic curriculum.
PSO2	Explain the basic principles and practices of Physical Education and Sports.
PSO3	Establish health related fitness and mental fitness.
PSO4	Train the students, to be graduates with all round development, who apart from their own subject, can successfully compete in other fields such as defence /paramilitary / police forces and civil services.
PSO5	Understand the organizations related to Physical Education and their functioning.

PROGRAMME SPECIFIC OUTCOMES / NCC

PSO1	Reinforce the aims, motto, vision and mission of the NCC through the academic curriculum..
PSO2	Explain the tri services organization, comprising the army, navy and air force, engaged in grooming the youth of the country into disciplined and patriotic citizens.
PSO3	Perform in social service activities and creating awareness about social evils in society.
PSO4	Train the students, to be graduates with all round development, who apart from their own subject, can successfully compete in other fields such as defence/paramilitary/ police forces and civil services.
PSO5	Understand the organizations related to disaster management and their functioning

SEC – NME COURSES / COURSE OUTCOMES / SPORTS

	Description of COs	Bloom's Taxonomy / Cognitive Domain
Sem – I / SEC / NME – I / Introduction to Physical Education and Sports Science		
CO1	Gaining knowledge about the aims, motto, aim and objective of the Physical Education.	Knowledge (Level K1)
CO2	Comprehending the value of physical Literacy.	Comprehension (Level K2)
CO3	Practicing and getting trained in health related fitness variables.	Application (Level K3)
CO4	Learning the correct procedure to maintain health and fitness.	Application
CO5	Enjoying sports and games as the best recreations.	Synthesis (Level K6)
Sem – I / SEC / NME – I / Fundamentals of NCC		
CO1.	Gaining knowledge about the history of NCC, its organization, and incentives of NCC for their career prospects.	Knowledge (Level K1)
CO2.	Inculcating spirit of duty and conduct among the NCC cadets.	Comprehension (Level K2)
CO3.	Comprehending the different NCC camps and their conducts.	Comprehension (Level K2)
CO4.	Understanding the concept of national integration and its importance.	Comprehension (Level K2)
CO5.	Learning to balance self-awareness and emotional intelligence.	Synthesis (Level K6)
Sem – II / SEC / NME – II / Recent Trends in Physical Education		
CO1	Gaining knowledge about the various Yoga and Meditation practices.	Knowledge (Level K1)
CO2	Comprehending and adhering to to the correct nutritional practices and diet.	Comprehension (Level K2)
CO3	Gaining practical knowledge on the get remedy for sports injuries.	Application (Level K3)
CO4	Imbibing the sense of national integration through sports.	Application (Level K3)
CO5	Utilizing the career opportunities available to the sports persons.	Synthesis (Level K6)
Sem – II / SEC / NME – II / NCC - An Overview		
CO1	Gaining knowledge of the methods and praccctice of map reading	Knowledge (Level K1)
CO2	Comprehending the correct measures to be followed in food habits.	Comprehension (Level K2)
CO3	Gaining practical experience and knowledge in decision making & problem solving.	Application (Level K3)

CO4	Applying the practice of sociability and Provide understanding about the concept of team and its functioning.	Application (Level K3)
CO5	Creating awareness on environmental protection.	Synthesis (Level K6)

CO4		Application (Level K3)
CO5		Application (Level K3) & Analysis (Level K4)