| Name | |
|---------------------------------------|---|
| | Dr.P.Valarmathi |
| Designation | Assistant Professor |
| Department | PG & Research Department of History |
| Qualification | M.A., M.Phil.,P.hD.,PGDCA., |
| Year of Experience in Teaching / | 14 Years |
| Research | |
| Date of Joining | Guest Lecturer : 10.03.2008 to 14.07.2015 |
| | Guest Lecturer : 10.09.2016 |
| Address for communication | Poosarigoundenvalasu |
| | Karuvelantottam |
| | Vagarai (post) |
| | Palani(taluk) |
| | Dindigul |
| Mobile | 9047976776 |
| E -Mail ID | valarcharan@gmail.com |
| No. of Journal Published | 2 |
| (International) | |
| No. of Conference Attended | 4 |
| (International) | |
| No. of Conference Attended (National) | 11 |

Educational Qualification

| S.No | Degree | Subject | Year of | Name of the |
|------|--------|---------|------------|--|
| | | | completion | Institution / University |
| 1 | B.A | History | 2004 | A.P.A College For Women, Palani, |
| | | | | Madurai Kamaraj University, Madurai. |
| 2 | M.A | History | 2006 | A.P.A College For Women, Palani, |
| | | | | Mother Teresa Women's University, |
| | | | | Kodaikanal. |
| 3 | M.Phil | History | 2008 | Sri. G.V.G. Visalakshi College for Women, Udumalpet, |
| | | | | Bharathiyar University, Coimbatore. |
| 4 | Ph.D | History | 2017 | Sri. G.V.G. Visalakshi College for Women, Udumalpet, |
| | | | | Bharathiyar University, Coimbatore. |

Teaching Experience:

| S.No | Designation | Name of the | From | То |
|------|-------------|---|------------|------------|
| | | Institution | | |
| 1 | | Arulmigu Palaniandavar Ars College for Women | 10.03.2008 | 14.07.2015 |
| 2 | | Arulmigu Palaniandavar Ars College for Women | 10.09.2016 | Till Date |

Workshops & Seminars Participated/Research Articles Presented

| Seminar/Workshop Title | State | Topic | Date |
|----------------------------|-----------|------------------|-----------------------------|
| | /National | | |
| Human – Earth Reciprocity | National | Pesticides in | 15.03.2023; |
| | | food and their | APAC(W), Palani |
| | | impact on Health | |
| Tamil Inscription Training | State | Participated | 01.02.2021 to 07.02.2022 |
| | | | Online Pandiyanadu Cultural |
| | | | Foundation |
| Capacity Building for | Workshop | Participated | 20.03.2020 |
| Teachers | | | APAC(W), Palani |

| of teachersIndian Constitution : AInternational SymposiumParticipated07.03.2020Panoptic ViewSymposiumGVG, Visalakshi college for Women, UdumalpetCurrent Scenario in plant science and Environmental conservationInternational changes and deforestation in Indian Forest07.02.2020Enviormental Degradation and its impact on Society: Measurement Management and ConservationInternational Management in IndiaSolid Waste Management in India20.01.2020Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleSInternational Apactomy Environal Erivirapattinam as Emporium in Medieval Tamil Country17.12.2019Biodiversity & Biodiversity ActNaional level awareness programmeParticipated25.09.2019Society and Culture of TamilnaduStateThe Pandya Style of Temple Arts25.03.2019Outcome Based EducationOrientationParticipated07.02.2019 |
|--|
| Panoptic View Symposium Current Scenario in plant science and Environmental conservation Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial Rules Biodiversity & Biodiversity Act Symposium International changes and deforestation in Indian Forest Solid Waste 20.01.2020 Management in India Erivirapattinam as Emporium in Medieval Tamil Country Participated awareness programme Society and Culture of Tamilnadu Tamilnadu Symposium Impact of climate (70.02.2020) APAC(W), Palani Frivirapattinam as Emporium in Medieval Tamil Country Participated 25.09.2019 APAC(W), Palani APAC(W), Palani Society and Culture of Tamilnadu The Pandya Style of Temple Arts APAC(W), Palani |
| Current Scenario in plant science and Environmental conservation Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Society and Culture of Tamilnadu International International Solid Waste as Emporium in Apactomy as Emporium in Country Naional level awareness programme Society and Culture of Tamilnadu International Impact of climate ochanges and Apactomy, Palani apactomy (Apactomy, Palani as Emporium in Apactomy, Palani as Emporium in Apactomy, Palani awareness programme The Pandya Style of Temple Arts Tamilnadu Women, Udumalpet 07.02.2020 APAC(W), Palani 17.12.2020 APAC(W), Palani 25.09.2019 APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani |
| Current Scenario in plant science and Environmental conservation Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Society and Culture of Tamilnadu International plant (changes and deforestation in Indian Forest) Solid Waste (20.01.2020) APAC(W), Palani India 17.12.2019 APAC(W), Palani Participated (25.09.2019) APAC(W), Palani Participated (25.09.2019) APAC(W), Palani The Pandya Style (25.03.2019) APAC(W), Palani APAC(W), Palani APAC(W), Palani |
| science and Environmental changes and deforestation in Indian Forest Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Society and Culture of Tamilnadu APAC(W), Palani APAC(W), Palani APAC(W), Palani Tr.12.2019 APAC(W), Palani Tr.12.2019 APAC(W), Palani Tr.12.2019 APAC(W), Palani APAC(W), Palani Tr.12.2019 APAC(W), Palani APAC(W), Palani Tr.12.2019 APAC(W), Palani APAC(W), Palani APAC(W), Palani |
| conservation deforestation in Indian Forest Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Biodiversity & Biodiversity Act Society and Culture of Tamilnadu Medioval Tamil Countries Prior awareness programme Society and Culture of Tamilnadu Medioval Tamil Country Participated 25.09.2019 APAC(W), Palani APAC(W), Palani Society and Culture of Temple Arts APAC(W), Palani APAC(W), Palani |
| Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Solid Waste Management in India Erivirapattinam as Emporium in Medieval Tamil Country Participated Society and Culture of Tamilnadu India 20.01.2020 APAC(W), Palani Participated 25.09.2019 APAC(W), Palani APAC(W), Palani Participated 25.03.2019 APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani |
| Enviormental Degradation and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Solid Waste Management in India Erivirapattinam as Emporium in Medieval Tamil Country Participated APAC(W), Palani Medieval Tamil Country Participated APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani |
| and its impact on Society: Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act awareness programme Society and Culture of Tamilnadu APAC(W), Palani APAC(W), Palani APAC(W), Palani APAC(W), Palani Participated 25.09.2019 APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani APAC(W), Palani APAC(W), Palani |
| Measurement Management and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Society and Culture of Tamilnadu India India India India Erivirapattinam as Emporium in APAC(W), Palani Medieval Tamil Country Participated APAC(W), Palani APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani APAC(W), Palani |
| and Conservation Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act Society and Culture of Tamilnadu Tamilaham's Trade Contact International Erivirapattinam as Emporium in Medieval Tamil Country Participated 25.09.2019 APAC(W), Palani APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani APAC(W), Palani |
| Tamilaham's Trade Contact withWorld Countries Prior to the British Colonial RuleS Biodiversity & Biodiversity Act awareness programme Society and Culture of Tamilnadu Erivirapattinam as Emporium in Medieval Tamil Country Participated 25.09.2019 APAC(W), Palani APAC(W), Palani The Pandya Style 25.03.2019 APAC(W), Palani APAC(W), Palani APAC(W), Palani |
| withWorld Countries Prior to the British Colonial RuleS |
| to the British Colonial RuleS Biodiversity & Biodiversity Act awareness programme Society and Culture of Tamilnadu Medieval Tamil Country Participated Participated APAC(W), Palani The Pandya Style of Temple Arts APAC(W), Palani APAC(W), Palani |
| Biodiversity & Biodiversity Act |
| Biodiversity & Biodiversity Act awareness programme Society and Culture of Tamilnadu Participated 25.09.2019 APAC(W), Palani 25.03.2019 APAC(W), Palani APAC(W), Palani APAC(W), Palani |
| Act awareness programme Society and Culture of State The Pandya Style 25.03.2019 Tamilnadu of Temple Arts APAC(W), Palani APAC(W), Palani |
| Society and Culture of State The Pandya Style 25.03.2019 Tamilnadu of Temple Arts APAC(W), Palani |
| Society and Culture of State The Pandya Style 25.03.2019 Tamilnadu of Temple Arts APAC(W), Palani |
| Tamilnadu of Temple Arts APAC(W), Palani |
| |
| Outcome Based Education Orientation Participated 07.02.2010 |
| Outcome Rased Education Orientation Participated 107 02 2010 |
| |
| APAC(W), Palani |
| Biological Sciences (ISBS- International Historical view 04.02.2019 |
| of Human APAC(W), Palani |
| Evaluation |
| Challenges in Quality National Participated 29.01.2019 |
| Sustenance in Higher APAC(W), Palani |
| Education |

| Skills to Scale High | National | Participated | 24.01.2019 |
|-----------------------------|----------|------------------|-----------------------------|
| | | | APAC(W), Palani |
| | | | |
| The Cultural Settings of | State | Participated | 22.09.2018 |
| Pandiya Country | | | APA College of Arts & |
| | | | Culture, Palani |
| Desiyamum Nattupura | | Participated | 23.02.2018 |
| Kalaikalum | | | APAC(W), Palani |
| | | | |
| Area of Research in Kongu | National | Participated | 20.01.2018 |
| Region | | | GVG Visalakshi College for |
| | | | Women, Udumalpet |
| Modern trends in Indian | State | Participated | 15.02.2016 |
| Historical Writings | | | GVG, Visalakshi college for |
| | | | Women, Udumalpet |
| Impact of National | National | The role of | 30.01.2015 |
| movements in the | | K.P.Sundrambal | GVG, Visalakshi college for |
| intellectual History of | | in the freedom | Women, Udumalpet |
| Madras Presidence | | movement | |
| Socio Cultural life of the | National | Socio – | 11.03.2015 |
| Tribbal in Tamilnadu | | Economic life of | APAC(W), Palani |
| | | the Irular | |
| India – The heaven for | National | Participated | 03.02.2014 |
| medical Tourism | | | GVG, Visalakshi college for |
| | | | Women, Udumalpet |
| Cultural Resources of India | State | Value of | 21.02.2014 |
| | | Monuments | APAC(W), Palani |
| Non Violence and India's | State | Participated | 1.10.2014 |
| Struggle for freedom and | | | APA College of Arts & |
| human rights and indo - | | | Culture, Palani |
| Srilankan relations | | | |
| Orientation and retraining | UGC | Participated | 19.07.2014 |
| Teachers | | | APAC(W), Palani |
| | | | |

| The Grandeur of Rajendra | State | Participated | 09.09.2014 |
|------------------------------|----------|-------------------|----------------------------|
| Chola | | | APAC(W), Palani |
| Orientation and retraining | UGC | Participated | 02.02.2013 |
| Teachers | | | APAC(W), Palani |
| Gender equality – Issues and | National | Domestic | 02.03.2013 |
| Challenges | | Violence an | APAC(W), Palani |
| | | overview | |
| On Indian National | State | Participated | 07.03.2013 |
| Movement with Focus on | | | APA College of Arts & |
| Tamilnadu | | | Culture, Palani |
| Socio Religious Philosophies | National | Vivekananda | 21.03.2012 |
| of Pragmatism | | | APAC(W), Palani |
| Present Scenario on | National | Marina Beach an | 22.03.2012 |
| Historical Tourism 2012 | | important Tourist | APC Arts & Culture, Palani |
| | | attraction in | |
| | | Chennai | |
| Best practices for quality | National | Participated | 31.03.2011 |
| enhancement in higher | | | APAC(W), Palani |
| education | | | |
| The Role of Stakeholders in | UGC | Festival and its | 02.05.2011 |
| the Dvelopment of Tourism | National | Roles in | APAC(W), Palani |
| in India | | Tamilnadu | |
| | | Tourism | |
| Orientation and retraining | UGC | Participated | 18.09.2010 |
| Teachers | | | APAC(W), Palani |
| Cultural Tourism and | State | Participated | 29.09.2010 |
| Archaeology | | | APAC(W), Palani |
| 17th Annual Session of the | National | Kolumakonda | 0810.2010 to 10.10.2010 |
| Tamilnadu History Congress | | Cholanallur | NGM, Pollachi |
| | | Thirvakesuvaram | |
| | | udaiyar Temple | |
| | | - A Study | |

| Career opportunities for | State | Participated | 1910.2010 |
|---------------------------|----------|--------------|-----------------------------|
| Economics Graduates | | | APAC(W), Palani |
| Field Trip Kongumandalam | | Participated | 21.02.2009 |
| | | | APAC(W), Palani |
| Insight into our cultural | State | Participated | 18.03.2009 |
| Heritage | | | APAC(W), Palani |
| Cultural Platform | | Participated | 2003.2009 |
| | | | APAC(W), Palani |
| Quit India Resolution – A | State | Participated | 2603.2009 |
| Turning point in India's | | | GVG. Visalakshi College for |
| Struggle for Freedom | | | Women, Udumalpet |
| Youth Red Cross YRC | | Participated | 0404.2009APAC(W), |
| Orientation programme | | | Palani |
| Foreign Trade | State | Participated | 0904.2009APAC(W), |
| | | | Palani |
| Tamil Women Through the | State | Muthulakshmi | 1604.2009APAC(W) |
| ages | | Reddy | |
| Issues and Trends in | National | Participated | 21.08.2009 |
| Sustainable Tourism | | | GVG, Visalakshi college for |
| | | | Women, Udumalpet |
| Kodai Hill Tribals | | Participated | 23.12.2005 |
| | | | Government Museum, Palani |
| Women and Rural | State | Participated | 26.02.2004 |
| Developments in Tamilnadu | | | APAC (W). Palani |
| through the Ages | | | |
| IAS coaching programme | | Participated | 18.01.2002 |
| | | | APA College of Arts & |
| | | | Culture, Palani |

Online Webinar / Workshop Attended

| Webinar / | Activity (In detail) | Date |
|-------------|--|---------------|
| Workshop | | |
| Webinar | A Two Day Programme on Skill in Reading Inscriptions | 24.06.2020 & |
| | | 25.06.2020 |
| Webinar | Aquaculture and its Potential an Entrepreneurial | 09.07.2020 |
| | organised by Department of Zoology, A.P.A College of | |
| | Arts and Culture, Palani | |
| Skill | Ethics in the Research Process Organised by Research | 31.07.2020 |
| Development | Ethics Committee, A.P.A College for women, Palani | |
| Programme | | |
| Webinar | Research Methodology organised by PG & Research | 24.07.2020 |
| | Department of History, A.P.A College for Women | |
| Faculty | Ethical standards in a Professional Organised by IQAC, | 01.08.2020 to |
| Development | APACW | 07.08.2020 |
| Programme | | |
| workshop | workshop: Gender Equity organised by PG & Research | 12.08.2020 & |
| | Department of History, APACW | 13.08.2020 |
| Training | Training Programme on Career Guidance for Budding | 18.08.2020 to |
| Programme | History Graduates organised PG & Research | 20.08.2020 |
| | Department of History, APACW | |
| Short Term | Indian Constitutional Obligations organised by PG & | 22.08.2020 to |
| Programme | Research Department of History, APACW, Palani | 24.08.2020 |
| Webinar | Quality Publication in Research Journals for Assistant | 13.02.2021 |
| | Professor/ Research Scholars organised by Nilam | |
| | International. Journal of Arts and Culture | |
| Webinar | A 7days Online Programme on Tamil Inscription | 01.02.2021 to |
| | Training organised by Pandiyanadu Panpattu maiyam | 07.02.2021 |
| webinar | o"A Seven Days Online faculty development | 10.03.2021 to |
| | Programme on Cogninance and Formulation of Core | 16.03.2021 |
| | Values in Higher Education organised By IQAC, A.P.A | |
| | College for Women, Palani | |
| Awareness | "Conservation of Water Resources" Organised by the | 15.03.2021 |

| Programme | PG & Research Development of History.A.P.A. College | |
|-----------------|---|------------|
| | for Women, Palani | |
| Spiritual World | Spiritual World Record 2021 organised by Aliyar | 28.03.2021 |
| Record | Arivuthirukovil | |
| National Level | ",yf;fpa kfsph;"organised by PG & Reserarch | 10.03.2021 |
| Webinar | Department of Tamil, A.P.A College for Women, Palani | |
| Webinar | "Medieval Indian Historiography" organized by | 24.05.2021 |
| | Department of History, Telangana Social Welfare | |
| | Residential Degree College for Women, Suryapet. | |
| National | "National Educational Policy & | 29.05.2021 |
| Webinar | Opportunities"organized by STKVS Commerce | |
| | College, Nandurbar, Maharashtra. | |
| One Day | "Codeless Mobile App Development" organized by | 31.05.2021 |
| Faculty | Department of Information Technology, Sri GVG | |
| Development | Visalakshi College for Women, Udumalpet | |
| Programme | | |
| National | "Modern Trends in Research and Statistics" organized | 11.06.2021 |
| Workshop | by Department of Physical Education, G.T.N Arts | |
| | College, Didigul | |
| International | "Investments – Careers, Financial Statements and | 12.06.2021 |
| Conference | Sustainability" organized by Department of | |
| | Management Studies & Research, GWCET, Nagpur. | |
| One Day State | "Pnchayat Raj in Tamilnadu" organized by PG & | 14.06.2021 |
| Level Webinar | Research Department of History, Arasu College of Arts | |
| | and Science for Women, Karur, | |
| National | n "Rejuvenation of Wellness Through Yoga and | 15.06.2021 |
| Workshop | Exercise" organized by Department of Physical | |
| | Education, G.T.N Arts College, Didigul | |
| Webinar | "Role of Tamil Statge in Freedom Struggle "organized | 17.06.2021 |
| | by Sri GVG Visalakshi College for Women, Udumalpet. | |
| National | "Functional Physiological Fitness for Immunity and | 19.06.2021 |
| Workshop | Health "organized by Department of Physical | |
| | Education, G.T.N Arts College, Didigul | |

| Workshop | "Each Reach one Through Helper's "organized by | 20.06.2021 |
|----------------|--|---------------|
| | Internal Quality Assurance Cell, Aurlmigu | |
| | Palaniyandavar College of Arts and Culture, Palani | |
| National Level | "Yoga Practice for Covid-19 Pandemic" organized by | 21.06.2021 |
| Webinar | PG & Research Department of Indian Culture and | |
| | National Service Scheme, Aurlmigu Palaniyandavar | |
| | College of Arts and Culture, Palani | |
| State Level | "The Imprints of Common men in Inscriptions "PG & | 23.06.2021 |
| Webinar | Research Department of History, Arulmigu | |
| | Palaniandavar Arts College for Women, Palani | |
| State Level | "The Pioneer of Social Reforms and Political | 26.06.2021 |
| Webinar | Awakening in South India: Revisiting the Legacy of | |
| | Ayothidasar Pandithar "organized by PG & Research | |
| | Department of History, Sadakathullah Appa College, | |
| | Tirunelveli | |
| Webinar | "Research Reference Writing Plagiarism Management | 30.06.2021 |
| | "organized by Research Ethics Committee, Arulmigu | |
| | Palaniandavar Arts College for Women, Palani | |
| National Level | "Sustaining Emotional Well-being during Pandemic | 06.07.2021 & |
| Webinar | "organized by Centre for Educational Research, | 07.07.2021 |
| | Madurai Kamaraj University, Madurai | |
| International | "Impact of COVID-19 Lockdown on Education | 08.07.2021 & |
| Webinar | "organized by Lakshmi College of Education, | 09.07.2021 |
| | Gandhigram, Dindigul | |
| Webinar | "Managing the Impact of Covid-19 Pandemic on the | 09.07.2021 & |
| | System of Education "organized by Centre for | 10.07.2021 |
| | Educational Research, Madurai Kamaraj University, | |
| | Madurai | |
| Online | Research Methodology: | 22.11.2022 |
| Programme | The Selection of Topic and Collection of Data's | |
| | Co - Ordinator | |
| Short Term | AMET, University, | 30.01.2023 to |
| Faculty | Human Resource Development Centre & Amet | 04.02.2023 |

| Development | Business School | | |
|-------------|---------------------------------------|---------------|--|
| Programme | | | |
| Faculty | Nirmala College , | 10.05.2023 to | |
| Development | Muvattupuzha. Kerala Higher Education | 17.05.2023 | |
| Programme | | | |